

Foundation for Action, Motivation and Empowerment  
156,36<sup>th</sup> Cross, 2<sup>nd</sup> Main, Jayanagar 7<sup>th</sup> Block,  
Bangalore

RCI approved CRE Workshop on  
Oral Sensory Motor Stimulation  
March 24<sup>th</sup> -March 25<sup>th</sup> 11<sup>th</sup> 2016

### A Brief Report

A two day workshop on “Oral Sensory Motor Stimulation” was conducted by FAME INDIA from March 24 to March 25, 2017.

The workshop was organized with the following learning objectives:

- Identify oral sensory-motor problems that could impact feeding, speech, and mouth function in children with autism, Down syndrome, cerebral palsy, and other developmental disorders.
- Illustrate the need and importance of sensory stimulation
- Illustrate and demonstrate the need for differentiated and fine motor movements for feeding and speech
- Demonstrate basic oral massages for appropriate populations (e.g., children with oral defensiveness, oral awareness problems, tonic bite, hyper-responsive gag, etc.).
- Apply feeding techniques that can be safely taught to parents and care providers.

52 Participants comprising of Special Educators, Rehabilitation Psychologists and Speech and Language pathologists from four states -Kerala, Tamil Nadu, Goa and Karnataka participated in the workshop.

About the Facilitator: Ms.Shereen Idiculla has done her Masters in Speech and Language from AISH. She is a Hanen Certified Speech and language therapist and she is the only professional to have the third level certification in OPT in India.She is currently the Clinical Director of Play street, Bangalore.





Topics covered were

Day 1

- Goals of Oral Sensory and Motor Stimulation
- How is the sensory system related to speech and feeding?
- The importance of sensory stimulation
- How do motor skills directly impact speech and feeding?
- What is Speech? What are the components and systems involved in speech?
- Importance of the jaw, lips and tongue in speech production, clarity and feeding



Day 2

- Tools that could be used for sensory stimulation
- Simple massages that could be safely used for sensory stimulation

- Importance of jaw in speech clarity and feeding.
- Techniques used to strengthen the jaw.
- How blowing activities are connected to speech clarity and feeding
- Simple feeding techniques and feeding tools be used to strengthen or stimulate the oral muscles.



One of the group members presenting their assignment



Hands on training in progress!



The Facilitator clarifying doubts during the group presentation

Methodology: Video analysis and reflections, Case Scenarios, PPT, audio visual aid, lecture, hands on training, Group work and presentation.

#### Feedback

The workshop was well received by all the Participants and received an average of 4.60 out of 5. As per the feedback received, sensory processing disorder is the most desired topic for the next workshop.