

Foundation for Action, Motivation and Empowerment #156, 36th cross, 2nd Main, Jayanagar 7th Block, Bengaluru

A Report on

"The Stages of Play and its Importance in Stimulating Development in Children with Developmental Delay"

A two day workshop on "The Stages of Play and its Importance in Stimulating Development in Children with Developmental Delay" was conducted from July 21st and 22nd 2017 at FAME Academy. Mrs. Priya Sandeep who has done her training in Neuro Cognitive Development from Texas and training in Sensory Integration from jeena Inc. was the facilitator for this workshop.

The objectives of the workshop was to:

- 1. To list out the importance of Play activities for children with Developmental Delay.
- 2. To know the stages of Play Development.
- 3. To know the importance of Play which is more than putting children together in a group.
- 4. To know the requirements of peer play at all levels of Play.

The workshop commenced with an inaugural address by Mr.s Janaki Vishwanath, Managing Trustee of FAME India, Mr. Kumar Sriram from Ndathur foundation and the resource person Mrs. Priya Sandeep.

The two day workshop covered the following topics in detail:

- Introduction to stages of Play and development.
- ➤ Why Play?
- ➤ How to stimulate Play in children with special needs?
- Single sensory stage.
- Multiple sensory stage.
- Simple / Complex cause effect.

- Doll / Roll play.
- Games with rules.



Mrs. Janaki Vishwanath at the Inaugural

Mrs. Priya's presentation



Play activity with participant



Play activity with participants







Group discussion for the activity by the participants



Takeaways from the workshop:

- ✓ Ways to provide activities that stimulates the part of the brain and increase physical activity.
- ✓ Importance of Play and about Play were explained which helps parents/therapists to focus on child with developmental delay.
- ✓ Social games with rules, is where parents want the child to be.
- ✓ How to stimulate Play in children with special needs and activities verses play were also demonstrated during the activity time.
- ✓ Importance of children with whom we work with and activities like- peek a boo, blowing papers, playing with stuff toys, pom poms and ping pong ball.
- ✓ Processing sensory information, temporal lobes, language and speech, pattern recognition, auditory perception, memory, acquisition and learning are some of the important aspects discussed in the workshop.
- ✓ Videos were shown using different strategies in stimulating the Play activity in child.



