

# F.A.M.E India

## Foundation for Action, Motivation and Empowerment

**FAME India** is a Foundation working for the last 15 years in training and enabling persons with special needs to live a life of dignity and self reliance. We carve a happy place for Individuals with Special Needs, making a difference in their lives.



Sketches by Pasha - FAME India alumnus

## **Adolescent Counseling Skills**

### **A Five Day Workshop - Certification by F.A.M.E India**

*Are you dealing with Adolescents?*

*Do you manage Adolescents with Special Needs?*

*Are you doing it in Sensitive & Systematic way?*

*This workshop will help you find many right ways of counseling.*

**FAME Academy** under FAME India, Bangalore proposes to conduct a 5 day workshop on Adolescent Counseling Skills. This highly interactive and participative course will include case studies, group discussions, video films, practical counseling skills, role plays and personal coaching on interpersonal skills. Highly qualified faculty will facilitate this workshop

**Training Group:** Special Educators, Mainstream School Teachers, Parents, Students of Psychology, Sociology and Social Work, Caregivers, Individuals dealing with Adolescents.

**Training Objectives :** On conclusion of the workshop, the Participants will be able to

1. List out the steps in the Counseling Process.
2. Identify the Symptoms of increased Stress Levels in Adolescents and their Families.
3. Develop and Demonstrate Individual Counseling Skills.
4. Decide & Execute the appropriate type of counseling specific to people & situations.



Dates	:	April 24 - April 28, 2017
Venue	:	FAME Academy, 2nd Floor, Nadathur Place, 8th Main Road, 3rd Block, Jayanagar,
Time	:	9.30 am to 5.00 pm
Duration	:	40 hours of Theory & Practical
Evaluation	:	Viva, Participation, Assignments
Workshop Fees	:	Rs.5, 000 per Participant

(\*Avail Early Bird discount of 5% till March 31, 2017 & 10% discount for a Group of three and more Participants)

## Course Coverage

1. The Adolescent Profile : Symptoms and Causes of Stress in Adolescents
2. Orientation to Mental Health and Mental Health Services in India
3. Basics of Counseling- Need & Benefits of Counseling, What is Counseling and What is not Counseling, Counseling Process
4. Interpersonal Communication Skills - Active Listening and Effective Responding Skills
5. Orientation to Sex & Gender perspectives; Sexuality and Sexual Orientation
6. Counseling Strategies
7. Managing Adolescents with Mental Illnesses
8. Managing Adolescents with Special Needs & their Stakeholders.

## Resource Persons

- ❖ Dr. Yesheswini Kamaraju , MD (Adult Psychiatry); Fellowship - Child and Adolescent Psychiatry, Director-The Reach Clinic, Bangalore
- ❖ Dr. Sandip Deshpande, MD (Psychiatry), DPM, MRCPsych, CCT (UK), PG.Dip (Sexual & Relationship Psychotherapy), Consultant Psychiatrist and Sexual and Relationship Therapist at Sanjeevini Clinic, Bangalore
- ❖ Wing Commander PRN Murthy- Senior Faculty, FAME Academy

## Workshop Coordinator

Misha Mariam Thomas-MSW, M.Phil in Psychiatric Social Work.

For details kindly call 98868 98213 or 080 46450900  
email to [tvsvankar@fameindia.org](mailto:tvsvankar@fameindia.org) / [misha@fameindia.org](mailto:misha@fameindia.org)

*For online registration kindly note the details*

Name of the Bank	:	State Bank of India
Branch	:	Jayanagar 8th Block
Name of the Account	:	FAME India – DP
Account Type	:	Savings
Account Number	:	00000035074494958
IFSC code	:	SBIN0015658
MICR No	:	56000219

### **FAME Academy**

2nd Floor, Nadathur Place,  
8th Main Road, 3rd Block,  
Jayanagar , Bangalore  
Karnataka